

HITTING SOLUTIONS SEMINAR

DAY 1 - Fri

- Seminar **Part 1** 6 p.m.- 9 p.m. - *pitchers encouraged to attend*

DAY 2 – Sat

- Seminar **Part 2** Movement Class 3 p.m. – 6 p.m.
- College Showcase Videos (YouTube) 7 p.m. – 8 p.m
- Video links mailed to 20 colleges (Details contact Jarrett)
- **Available:** Private & Semi Private Lessons: *To be scheduled*

DAY 3 - Sun

- **Pitchers & Catchers Seminar** 3 p.m. – 6 p.m. - *hitters encouraged to attend*
- **Available:** Private & Semi Private Lessons: *To be scheduled*

COST

Hitting Seminar:	\$100
Pitching Seminar:	\$50
½ hr Video Evaluation:	\$50 (<i>Semi-Private</i>)
1 hr Private Session:	\$200
College Youtube:	\$100

EXTRA EFFORT

Jarrett Gardner
405.249.4833
coz2114@yahoo.com

HITTING SOLUTIONS CONSULTING

Matt Nokes
858.248.3439
matt@mattnokes.com